



# PEIHEA Newsletter

Published by the Prince Edward Island Home Economics Association  
PO Box 20029, Sherwood Postal Outlet, PE C1A 9E3 [www.peihea.org](http://www.peihea.org)

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Fall 2008

## PRESIDENT’S MESSAGE -Shari MacDonald

Fall has arrived, with its “Back to School” feel and I imagine many of the PEIHEA members have been busy preserving the harvest and getting back into the swing of things after what I hope was a good summer (and yes, I know - it would have been better if we had all had webbed feet!).

I recently returned from a restful weekend with my mother and my sister, at Greenwich Cottage, which my mom bought at last year’s HO HO Home Ec Auction. It is time again to start gathering items to offer for sale on November 27<sup>th</sup> at Central Queens United Church in Hunter River. Once again the proceeds will be directed towards the Doris M. Anderson Scholarship Fund. Of course, the auction is open to the public, but it is also a great opportunity for home economists, dietitians and family science professionals to gather to support the scholarship for an Island student entering the final year of a home economics related degree program.

And speaking of scholarships and studying, thanks to the PEI Home Economics Teachers Association, who extended an invitation to PEIHEA members to attend sessions at their recent PD Day. Professor Carolanne Nelson from UPEI’s Dept. of Family and Nutritional Sciences talked about new research on Vitamin D and other nutrition topics. She researches the impact that nutrients and bioactive compounds have on genes associated with diabetes and heart disease. Jude Barkley who teaches Design, both residential and commercial, at Holland College, gave an overview of “Introduction to Residential Design” with lots of practical advice in the afternoon.

It is good to see cooperation between the “home ec-y” groups on the Island. There is so much need today for our services and information we can provide to the public, that sharing our resources, ideas and enthusiasm, is one way we can strengthen our profession. In the spirit of increasing cooperation, and collegiality, dietitians, students and graduates of the Family and Nutritional Science program, are always welcome to attend PEIHEA events and are most welcome to join our association.



## PEI Home Economics Association Semi - Annual General Meeting -Friday, October 24, 2008

**Meet** around 4:00 (or earlier if you want to linger!) at the Kindred Spirits Quilt Guild 9th Biennial Show and Sale "Autumn in PEI" at the Holy Redeemer Parish Centre, 5 Pond Street, Charlottetown on Friday Oct 24th Admission to the Quilt Show is \$3.

**Move** to Papa Joe’s Restaurant at 345 University Avenue , from 5-8 pm on the 24th. Further details will be available on a set menu, with 2 entrees (1 chicken, 1 fish ). Meal, including entree, dessert, tea or coffee, tax & tip for \$20. RSVP to Margaret at 566-4217 or Shari at 566-2738 or email [peihea@hotmail.com](mailto:peihea@hotmail.com) BY 5:00 Wed, Oct 22.

## PEIHEA CELEBRATES 60 YEARS

The first meeting of the Prince Edward Island Home Economics Association was held on Feb. 3, 1948 at the Nurses Home, Provincial Sanatorium. Home economists present were: Mother Loyola (Sister Ellen Mary Cullen), Hazel Stearns, Mrs. Gordon (Helen) MacDonald, Mrs. F. A. (Mildred) Large, Mrs. E. S. (Della) Coffin, Miss Estelle Haines (Reddin), Mrs. L. E. (Pauline) Prowse, Miss Maylea Boswell (Manning), Mrs. J. Walter (Katherine) Jones.

PEIHEA is blessed to include in its active membership early home economists – Estelle, Doris Anderson, Alta Acorn – and others of long-standing. We appreciate and honour their contributions over the years.

## PEIHEA Officers & Committee Chairs 2008/09

President.....	Shari MacDonald
Past President (Acting).....	Margaret Prouse
Vice President.....	vacant
Secretary.....	Elaine Burrows
Treasurer.....	Nancy Reddin
Program Coordinator.....	Margaret Prouse
Newsletter (Acting) .....	Shari MacDonald
FANS Representative.....	vacant
PEIHETA Representative.....	Linda Patton
Archives.....	Heather Henry MacDonald
Awards.....	Anne MacPhail

## Home economics for a new generation

*Now called human ecology, its practitioners say the shift to a more science-based discipline reflects a return to the field's roots* by Angela Pereira

*University Affairs*, June-July 2008,  
www.universityaffairs.ca

Remember those days in high-school home economics? If you're female, you probably do. You concocted a scrumptious tiramisu, devotedly coddled that egg in a basket, or laboured over sewing that apron.

Forget those images, and picture this instead: Students in a research lab at the University of Manitoba are busily working to develop a fabric made of double-functioning polymers that swell so that the fabric becomes impermeable while simultaneously delivering antibiotics to treat the wearer in case of a harmful spill. The students are in the textile sciences program in the university's faculty of human ecology, doing collaborative research with other faculties such as medicine.

What may surprise you is that the faculty of human ecology is the direct descendent of the university's home economics program. "Textile sciences" in your high-school home economics class may have entailed sewing an apron, but for students at the University of Manitoba it is cutting-edge research.

Christie Crow, a student in U of M's integrated human ecology and education program, says if you're talking to "someone in my grandpa's generation," their outdated notion of what she's taking is "a degree in how to be Martha Stewart." But students in the field today understand that it is science-based and focused on helping people to lead better lives.

The study of home economics has a robust history in Canada, dating back to the turn of the last century. In 1994, 16 universities across Canada offered undergraduate programs in home economics and its related fields. Now a search for a university home economics program in Canada would be fruitless. The term officially exited Canadian academia last November when the University of Alberta's faculty of agriculture, forestry and home economics changed its name to the faculty of agricultural, life and environmental sciences.

The University of Alberta, University of Manitoba and Brescia University College at the University of Western Ontario now have human ecology programs instead, while at other Canadian universities the

essence of what was once home economics is called family studies, food and nutrition sciences, or a variety of other names.

While it appears as though home economics is evolving past its tradition of cooking and cleaning, many people in the field say it is actually returning to its roots. The genesis of home economics in North America can be traced to a series of conferences starting in 1899 in Lake Placid, New York, where female scholars discussed how they could apply scientific knowledge to household and community work.

In Canada, the first Women's Institute began teaching courses in household science shortly after that, looking at issues such as home sanitation, the value of foods and fuels, and child care. "Even then, it was multi-disciplinary and looked at the home and the health of the people there," says Alicia Garcia, a professor of human ecology at Brescia University College.

During the two world wars, home economics explored how to ease the burden of household work and increase women's self-reliance. Gustaaf Sevenhuysen, dean of University of Manitoba's faculty of human ecology, says he is amazed by the social impact the discipline had during this period because it brought "the knowledge of science, engineering and medicine into regular folk's homes."

But high school home economics classes that focused on cooking, cleaning and sewing helped perpetuate stereotypes about the field that set off an identity crisis at Canadian universities that continues today. "People still royally misunderstand what we do," says Dr. Sevenhuysen.

In response, many Canadian universities began to call their programs human ecology instead of home economics, even though the curriculum wasn't changing, says Brescia's Dr. Garcia. "It was thought to be more science sounding, but it's just a rebranding, a renaming, so it becomes more attractive."

Dr. Garcia says Brescia changed the name of its program to human ecology in 1998, and then promptly saw its dropping enrolment begin to rise again. University of Alberta and University of Manitoba had similar experiences. "Since we have returned to the human ecology identity, people are very intrigued by it," says Janet Fast, dean of U of A's human ecology department.

Students in the program are still almost exclusively female, but their interests range from nutrition to fashion design to family counselling, says Dr. Fast. The common denominator is that they all want the opportunity to “help people learn how to improve their lives ... and how to do that in a very systematic way.”

To address these broad interests, universities have divided their programs into specialties, making the comprehensive home economics degree a thing of the past. At U of A, students can major in family ecology or textiles and clothing, and choose minors such as child and youth studies, community nutrition, community studies, consumer studies, fashion marketing, and museums, curatorship and conservation. Last year Brescia changed its program so that students could major in food and nutrition studies and minor in family studies, says Dr. Garcia.

But many of the field’s traditional domains are being subsumed by other faculties, says Annabelle Dryden, a professional home economist who taught courses at the high school and university levels.

For example, Ryerson University’s home economics program of the 1950s included programs such as early childhood education, fashion and hospitality. These are now taught by different faculties. “What’s missed when these kinds of things are taught in other courses is the family aspect. This is the focal point of home economics and family studies, and that’s missed when it is taught somewhere else,” says Ms. Dryden.

According to people in the field, it is precisely this perspective that will ensure that human ecology graduates and their research will remain relevant in modern society. “We help individuals deal with the situations in which they exist. If we look at quality of life for individuals and families, those who are in family studies programs are in the unique position to address the economics of sustainability and life balance,” says Dr. Garcia.

And in a changing society characterized by social service cutbacks and changing demographics, and threatened with the possibility of rising food prices and a recession, graduates who can help families navigate these turbulent waters will be greatly needed, says Dr. Sevenhuysen at U of Manitoba.

According to the Ontario Home Economics Association, graduates go on to work in areas such as policy making, community development, product research, dietetics, resource management, textile

design, financial counselling, nutrition, consumer consulting, among others. Also, human ecology has a strong focus on prevention of social and health problems, says Dr. Sevenhuysen.

The main challenge then is making sure people have the right idea about what human ecologists are doing – whether it’s designing a meal plan for a low-income family, drafting government policy, or developing a protective fabric to protect paramedics. “I am excited about it all ... I wouldn’t be in this job if I thought I was just holding the fort,” he says.

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### **Are years blending together and speeding by... Do you know if your membership in PEIHEA is current?**

Membership in the PEIHEA as of Sept. 30/08 is: Doris Anderson, Helen Bartlett, Irene Burge, Elaine Burrows, Merilyn Carew, Irene Davison, Katie Denman, Gayle Forrester, Nancy George, Miriam Lank, Heather MacDonald, Shari MacDonald, Anne MacPhail, Olive Moase, Shirley Moase, Isabel Palmeter, Margaret Prouse, Nancy Reddin, Linda Ross Patton, and Marg Weeks. A membership renewal form has been included in the newsletter for you, if you’d like to be added to our membership list. Student fees \$15, Active members \$30/year to PEIHEA P.O. Box 20029 Charlottetown PE C1A 9E3.

***PEIHEA Secretary Elaine Burrows has been reviewing past minutes from 1994 to 1998. She has the following questions for the membership:***

- 1. Does anybody have a list of what has been deposited at the Provincial Archives?***
- 2. Have the minutes prior to 1994 been deposited in the archives? Or if they haven't been, where are they?***
- 3. Was there a Winter 1994 newsletter? If so, does anybody have a copy for the minute book?***
- 4. Were there any newsletters for 1997? If there were, I need them for the minute book.***
- 5. Was there a Fall 1998 newsletter? Can you spare it if you have it? I have the winter and spring newsletters in with the minutes. Thanks!***

***[Elaineb@pei.sympatico.ca](mailto:Elaineb@pei.sympatico.ca)***

## THE ATLANTIC CANADA COMMUNITY PROJECT FUND CALL FOR PROPOSALS

At its final AGM in May 2004, members of the Nova Scotia Home Economics Association (NSHEA) decided to use a portion of funds remaining to initiate a special project to improve the well-being and health of women, children or families in Atlantic Canada.

Applications will include a full description of the planned activities and summary of the project, to include rationale, objectives, implementation plan and procedure for evaluation of results.

Grants totaling \$1,500 will be awarded annually. More than one award of lesser value may be granted.

### Criteria:

1. A community-based project that will work to significantly improve the well being and health of women, children or families in Atlantic Canada.
2. The project must reflect the philosophy and goals of the home economics profession, including an emphasis on any of the following: effective resource management, community involvement, sustainability, advocacy for development or support of public policy affecting families, enhancement of family stability and socioeconomic well being.
3. At least one member of the project group must be a home economist, family studies teacher, dietitian, nutritionist, or other professional in a home economics related field, resident in Atlantic Canada.

**Deadline for applications** is November 1, 2008, with a decision by the selection committee to be made shortly thereafter.

**Application:** Applications will be reviewed by a committee of former NSHEA members, with recommendations provided to the executive committee of the Canadian Home Economics Foundation.

**Procedures:** Submit the completed application electronically as an e-mail attachment in Word, RTF or PDF to Jean McHarg, [jmcharg@bwr.eastlink.ca](mailto:jmcharg@bwr.eastlink.ca).

**Post-project:** A report and copies of original receipts will be due at the completion of the project; any unused funds must be returned to the Fund.

[www.homeeconomicsfoundation.ca](http://www.homeeconomicsfoundation.ca)

DEADLINE :Doris M. Anderson Award  
For an Island student entering the final year  
of a home economics related degree -  
October 31, 2008. For an application form  
contact [peihea@hotmail.com](mailto:peihea@hotmail.com) or  
[www.peihea.org](http://www.peihea.org)

## PEIHEA Annual Meeting Minutes

Victoria Village Inn

May 22, 2008

1 -3 The meeting was called to order by Margaret Prouse who welcomed those present. Elaine Burrows agreed to take notes. Present: Nancy George, Shari MacDonald, Marg Weeks, Nancy Redden, Margaret Prouse, Irene Davison, Merilyn Carew, Linda Patton, Katie Denman, Elaine Burrows, Anne MacPhail, Shirley Moase, Doris Anderson. Regrets were received from Jean McHarg, Trinki Coffin, Jackie Robichaud, Katherine Schaefer.

4. The **agenda** with the addition of the Garden party was approved by consensus.

5. The **minutes** of the semi-annual meeting were circulated on page 2 and 3 of the Winter 2008 newsletter. The minutes were accepted as printed.

### 6. Correspondence:

A letter was received from Carolyn Bertram thanking PEIHEA for the heritage fair prizes. There were some telephone conversations around the funding for the student.

7 **Reports:**a. **President:** Margaret Prouse reported that she had submitted the application for the summer student, prepared for today's meeting, and was a judge at the Science Fair.

b. **Past-President:** Shari MacDonald reported that she judged at the Science Fair, mentioned about the Youth Manuel, that she and Margaret Prouse had organized the HoHo auction, did some web-site work, but was not in contact with UPEI students.

d. **Treasurer:** Nancy Redden reported that the membership was 29; with 18 paid members for this year.

e. Nancy Redden reported that the **Canadian Home Economics Foundation** have lots of money available for projects. She mentioned some changes on the board of directors.

f. **Program:** Margaret Prouse reported that the HoHo auction was held at Central Queens United Church in November. A tea tasting party with the Silver Tea service was held at Irene Davison's on March 27<sup>th</sup>. g. Linda Patton reported on the PEIHETA November workshop at Bluefield High School. They had 3 speakers in the morning; a meeting over lunch; and in the afternoon Margaret Prouse spoke on the 100 mile diet. They planned for the Oct. 03 workshop at a spring meeting, and gave a prize at the Heritage fair. Linda will continue as president for awhile.

h. **Newsletter:** Bette Young edited 3 newsletter this year, but will not be continuing as newsletter editor.

i. **Awards:** Anne MacPhail reported that Lisa MacDonald was awarded the Doris Anderson award. No applications were received for PD awards.

j. **Healthy Eating Alliance:** Margaret Prouse reported that the Alliance is at a crossroad for leadership, but the work is ongoing. Evaluation from schools indicate that more moral support is needed. 1 staff member is on maternity leave, but has been replaced.

Katie Denman moved, seconded by Nancy Redden that the above reports be approved. Motion carried.

c. **Treasurer's report:** Heather Henry MacDonald reviewed the books and everything was fine. Nancy Redden moved/Shari MacDonald moved the adoption of the Financial report.

**Budget:** Nancy Redden explained the budget. Nancy Redden moved/Irene Davison seconded the adoption of the 2008-2009 budget. Motion carried.

8 a The proposed changes to the **gift policy** were included in the Winter 2008 newsletter found on page 8 with the following notes: executive needs to be informed when a card needs to be sent; on the death of a member (current or former) a donation will be made to CHEF. Nancy Redden moved/Doris Anderson moved the changes to the gift policy as printed in the Winter 2008 newsletter (page 8). Motion carried.

#### b. **Professional Development**

Nancy explained some aspects of this policy.

c. The **Silver Tea Service.** We will be keeping the tea service, and it available to members who wish to borrow it. Check with Margaret Prouse.

9. New Business:

a. **Nomination** report by Shari MacDonald

President: Shari MacDonald

Treasurer: Nancy Redden - 2<sup>nd</sup> year of a 2 year term

Secretary: Elaine Burrows - 1 year term

Programs and Past-President: Margaret Prouse

Newsletter:

Awards: Anne MacPhail

Archives: Heather Henry MacDonald

This slate of officers was approved.

b. A **summer student** has been applied for and approved. She/he will work with the Active Living Center to develop projects. Contract has not been signed yet. Still waiting for word about provincial student.

#### c. **PEI Food Security Network**

Margaret Prouse reported that a number of groups are apart of this network. She is willing to represent PEIHEA, and was wondering if we wanted to be a member of that group.

#### 10. **Other:**

Katie Denman of 131 Summer Street, Summerside has offered her garden for the annual **garden party** which is set for July 23<sup>rd</sup> at 6:30 p.m. with the rain date being the following day.

The HoHo **auction** - Thursday November 27<sup>th</sup> at Central Queens United Church in Hunter River.

The meeting adjourned.

Elaine Burrows, Recording secretary

Margaret Prouse, President

## **whisk**

UK Home Economist James McIntosh James is the co-founder and director of Whisk Limited, the UK's only home economics consultancy with a nationwide team of home economists.

*Whisk* deals with consumer brands, acting as the face of a brand to consumers to educate, teach and guide. It's time to open a new

section of Whisk; it's called (funnily enough!) 'James McIntosh – Home Economist'.

The new brand recently launched. Firstly, a new website is launching teaching consumers the basics of how and what to buy in a time of financial uncertainty. How to eat well on a budget and how to feed a family properly. James is all too aware that a lot of 'celebrity chefs' in the UK do not teach people how to cook, they provide lovely glossy books that show recipes, and, the consumer must buy the next book to get the next recipe! His new website [www.jamesmcintosh.co.uk](http://www.jamesmcintosh.co.uk) has lots of information consumers can access for free as well as podcasts, blogs and facebook pages, soon to be followed with YouTube videos. All of this to empower consumers to make the correct choices for their budget. Also, as it's a website, it will grow and evolve over time.

His new book is called 'mix.' mix is not a complex book, it's a book that looks at the staples of family meals, what Home Economists would refer to as 'basic proportions'. 25 sweet ones and 25 savoury. Mix is available from [www.jamesmcintosh.co.uk](http://www.jamesmcintosh.co.uk) for £4.99 and international shipping is available.

The whole concept of James McIntosh – Home Economist as a brand is to deal with consumers in the current UK 'credit crunch' using digital media to embrace generation X and Y consumers on an everyday family budget teaching them value for money, saving on fuel and food bills and eating healthy, nutritious and exciting diets.

Book 2 called 'dinner.' launches 28<sup>th</sup> November.

James requests that home economists please have a look at his site, download his podcasts and have a laugh at his blog and become a 'fan' of his on facebook. It's all available and explained on [www.jamesmcintosh.co.uk](http://www.jamesmcintosh.co.uk). He has made it as easy as possible for people who are not as computer savvy as he is. In Home Economics it's important to share what we are doing, after all, we are all about empowering families and consumers.



## DO NOT CALL!!

People who want to register a phone number with the Do Not Call Line can go to

<http://www.LNNTEDNCL.gc.ca> or call 1-866-580-3625 (DNCL)

## HO HO HOME EC Auction

Thursday, November 27, 2008

Central Queens United Church,  
Hunter River Viewing at 7:00

Auction at 7:30 p.m.

PEIHEA members are asked to let Shari or Margaret know what items you will be donating or arranging to have donated, to allow the committee to better promote the auction. Email [peihea@hotmail.com](mailto:peihea@hotmail.com) or call 566-2738 or 566-4217.



## World Food Security: the Challenges of Climate Change and Bioenergy

World Food Day provides an occasion to once again highlight the plight of 923 million undernourished people in the world. Most of them live in rural areas where their main source of income is the agricultural sector. Global warming and the biofuel boom are now threatening to push the number of hungry even higher in the decades to come.

The Food and Agriculture Organization of the United Nations celebrates World Food Day each year on 16 October, the day on which the Organization was founded in 1945.

<http://www.fao.org/getinvolved/worldfoodday/en/>

## FEELING CREATIVE?

Would you like to edit the next issue of the Newsletter? Contact Shari at [sharimacdonald@sympatico.ca](mailto:sharimacdonald@sympatico.ca).

*Happy Thanksgiving!*

## Pumpkin Dessert

18 oz yellow cake mix *OR combine 1 cup white sugar, 1 1/2 cups flour, 1 1/4 tsp baking powder and 1/4 cup of margarine as cake mix substitute*

1/2 cup melted butter

4 eggs, divided

30 oz pumpkin

1 cup sugar, divided

1/2 cup brown sugar

2/3 cup evaporated milk

1 1/2 tsp cinnamon

1/2 cup chopped nuts (pecans are nice!)

1/4 cup soft margarine

Set aside one cup of cake mix.

Beat one egg, 1/2 cup of melted butter with rest of cake mix and press into 9x13" pan.

Beat 3 eggs, pumpkin, 1/2 cup sugar, brown sugar, milk and cinnamon. Pour over base.

Combine reserved cake mix, 1/2 cup sugar, nuts, and soft margarine and sprinkle over the pumpkin.

Bake at 350 F for about 50-60 minutes.

## Apple Cheesecake (Heather Walker)

**Base:** 3/4 cup butter

1/2 cup white sugar

1/2 tsp vanilla

1 1/2 cups flour

Combine and press into bottom and up sides of 10" springform pan

**Filling:** 1 1/2 pkg cream cheese

1/2 cup white sugar

2 eggs

3/4 tsp vanilla

Beat filling ingredients until smooth. Pour over base.

**Topping:** 2 cups apples, peeled and sliced

1/2 cup white sugar

1 tsp cinnamon

Combine and arrange over filling. Bake

350°F for 1 hour

## Pumpkin Trifle

1 - 8"x8" spice cake - cubed

4 --4 oz pkg instant butterscotch pudding mixes

2 1/2 cups milk

1 tsp cinnamon

1/4 tsp nutmeg

1/4 tsp ginger

1/4 tsp allspice

1 large can (30 oz) pumpkin (or cook your own) (796 mL)

2 cups of whipping cream, whipped

Place half of cubed cake in large serving bowl/trifle dish. Prepare pudding using 2 1/2 cups milk. Blend spices into pumpkin. Mix pudding and pumpkin together. Layer half of the pudding/pumpkin mixture over cake, then half the whipped cream. Put 3/4 remaining spice cake over cream, repeat pudding layer, then whipped cream. Crumble remaining crumbs on top.

Yield: More than 25 servings. Recipe could be cut in half.

## Apple, Pear and Cranberry Crisp

*Serve this sweet and tart treat warm from the oven with a scoop of ice cream or frozen vanilla yogurt!*

175 mL + 15 mL all-purpose flour	3/4 cup + 1 Tbsp
175 mL + 15 mL brown sugar, packed	3/4 cup + 1 Tbsp
125 mL rolled oats	1/2 cup
125 mL butter, cold	1/2 cup
3 apples, cored, peeled, sliced	
2 pears, cored, peeled, sliced	
125 mL frozen cranberries	1/2 cup

1. In mixing bowl, combine 3/4 cup flour, 3/4 cup sugar and rolled oats.

2. Cut in butter until mixture resembles coarse meal.

3. Lightly butter a baking dish.

4. Place apples, pears and cranberries in dish and toss with remaining flour and sugar. Top with the oat mixture.

5. Bake at 400° F (200° C) for 30-35 minutes or until topping is golden and fruit is tender. Let stand for 5 minutes before serving.

*Serves 6-8*

PEI Home Economics Association Financial Statement, Sept. 30, 2008

prepared by Nancy Reddin, treasurer

Operating Account

REVENUE	2007-08 ACTUAL	2008-09 BUDGET	2008-09 YTD	Notes
Membership Dues	\$870.00	\$900.00	\$600.00	20 members
Interest	1.47	1.50	.42	
Donations/Misc.	42.00	50.00	49.00	Tea & garden party
Fund-raising (net)	1276.21	1250.00	20.00	1 cookbook
<b>TOTAL</b>	<b>\$2189.68</b>	<b>\$2201.50</b>	\$669.42	
<b>EXPENSES</b>				
Workshops/Program	\$30.00	\$50.00		
Newsletter	83.11	100.00		
Meetings (net)	35.86	50.00	76.99	69.27 2 meals, room, tax and tip; 7.72 copy
Operating	204.35	200.00	127.50	PO box
IFHE Dues	212.50	212.50		
DMA Award Top-up†	215.00	115.00	(160.00)	Interest from wind bonds
P. D. Awards	0.00	500.00		
Science & Heritage Fairs	150.00	150.00	170.00	\$20 Extra prize, Sci Fair
Miscellaneous	92.64	150.00	75.00	gift certificate&in mem.
Spec. Projects/ Summer Stud	1109.02	600.00		no student hired - 2008
<b>TOTAL</b>	<b>\$2132.48</b>	<b>\$2127.50</b>	\$289.49	
<b>REVENUE- EXPENSES</b>	<b>\$57.20</b>	<b>\$74.00</b>	379.93	
<b>OPENING BALANCE</b>	<b>\$2299.78</b>	<b>\$2356.98</b>		
<b>Transfer to Investments</b>		<b>1000.00</b>	1000.00	
<b>CLOSING BAL.</b>	<b>\$2356.98</b>	<b>\$1430.98</b>		
<b>Bank balance</b>	<b>\$2356.98</b>		1736.91	

**Investments**

Type	Principal	Interest Rate	Issue Date	Maturity Date	Interest Earned
GIC	2000.00	3.5%	Nov 25/05	Nov.25/10	pd. annually
Bond	3100.00	5.0%	Dec31/06	Dec31/11	pd. annually
Bond	2100.00	5.0%	May 31/07	May 31/12	pd. annually
Bond	1100.00	5.0%	July 31/07	July 31/12	pd. annually
GIC	1000.00	3.05%	Oct. 6/08	Oct. 5/09	pd. annually

Savings account: Balance Aug. 29, 2008=\$17.14

Bond: PEI Renewable Energy Fund

As we celebrate the 60th year of the association, the Executive believes that we must ask the question: What is the future of PEIHEA? The association has many strengths, but there are weaknesses that must be addressed.

To facilitate discussion of this question at the Semiannual General Meeting on Oct. 24, the Executive has prepared this questionnaire for your consideration. Please complete and bring with you to the meeting. If you are unable to attend, please send it to PEIHEA, P. O. Box 200029, Sherwood Postal outlet, PE C1A 9E3. PEIHEA needs your ideas!

What do you think are PEIHEA's strengths and weaknesses?

	STRENGTHS	WEAKNESSES
Membership		
Finances		
Workload		
Accomplishments of last 10 years		

The purposes of PEIHEA are set out in the constitution, Article II: Purpose. Are these objectives still valid? Feel free to make changes and additions.

	Valid?	
	Yes	No
1. bring about a closer cooperation among home economists in different fields of home economics on Prince Edward Island (PEI),	Yes	No
2. maintain, improve and increase the professional knowledge and ability of its members,	Yes	No
3. facilitate communications and cooperation with other organizations in the province who share the same overall aim,	Yes	No
4. encourage and support home economics students of undergraduate and graduate levels,	Yes	No
5. promote the welfare of the family, the home and the community.	Yes	No

To help PEIHEA survive and grow to celebrate many more years, I will:

- \_\_\_\_\_ pay my dues and attend as many meetings as I can
- \_\_\_\_\_ ask a colleague or new graduate to join
- \_\_\_\_\_ bring a friend to events such as the HO HO HOME EC Auction
- \_\_\_\_\_ send in items for fund-raising such as the auction
- \_\_\_\_\_ organize or help with fund-raising
- \_\_\_\_\_ help select award winners
- \_\_\_\_\_ help judge at the Science Fair (first Thursday in April)
- \_\_\_\_\_ help judge at the Heritage Fair (first Thursday in May)
- \_\_\_\_\_ host a meeting or program event
- \_\_\_\_\_ make arrangements for a program such as World Home Economics Day
- \_\_\_\_\_ send articles to the newsletter editor
- \_\_\_\_\_ look after web-site
- \_\_\_\_\_ serve on a standing committee (bylaws list 6 committees, with term of service of one year, renewable for a second term. Reality is that only 3 of these committees are active and they are one-person committees with indefinite terms; the remaining work is done by the

Executive. Bylaws can be changed. Attendance at Executive meetings is not required but is welcomed.)

\_\_\_\_\_ Nominating

\_\_\_\_\_ Archives

\_\_\_\_\_ Newsletter

\_\_\_\_\_ Public Relations

\_\_\_\_\_ Awards and Scholarship

\_\_\_\_\_ Finance

\_\_\_\_\_ serve on the Executive, which meets about four times a year. Positions (elected at a general meeting) are:

\_\_\_\_\_ President-elect(V-P)/President/Past-president (currently a 6-year commitment, 2 yrs. in each position; could be changed to 3 yrs/1 yr. each)

\_\_\_\_\_ Secretary (2-year commitment, renewable for one term)

\_\_\_\_\_ Treasurer (2-year commitment, renewable for one term)

\_\_\_\_\_ Program Coordinator (2-year commitment, renewable for one term, can be shared)

\_\_\_\_\_ PEIHETA Representative (appointed by PEIHETA)

\_\_\_\_\_ help in other ways, specifically \_\_\_\_\_

Comments and ideas about the future of PEIHEA:

**Prince Edward Island Home Economics Association  
Membership Renewal Form**



**Name:** \_\_\_\_\_

**Mailing Address:** \_\_\_\_\_

**Employment:**  Full-time;  Part-time (  hr./wk.);  Retired;  Student at \_\_\_\_\_

**Title, Employer:** \_\_\_\_\_

**Telephone: home:** \_\_\_\_\_ **work:** \_\_\_\_\_

**E-mail:** \_\_\_\_\_

**For news of upcoming events, etc., I prefer to be contacted by**  e-mail

**or**  phone at  home  work

**I am willing to have the newsletter (8 pages or less) sent to me by e-mail.**  Yes  No

**Membership Category and Fee:**  Active/Associate, \$30.00;  Student, \$15.00

**Membership year is April 1 to March 31. Fees are due by July 1.**

**Mail form and cheque to: PEIHEA, P.O. Box 20029, Sherwood Postal Outlet, PE C1A 9E3**