

Dear PEI Home Economics Association,

It is my pleasure to be able to create this summer inspired newsletter for each of you!

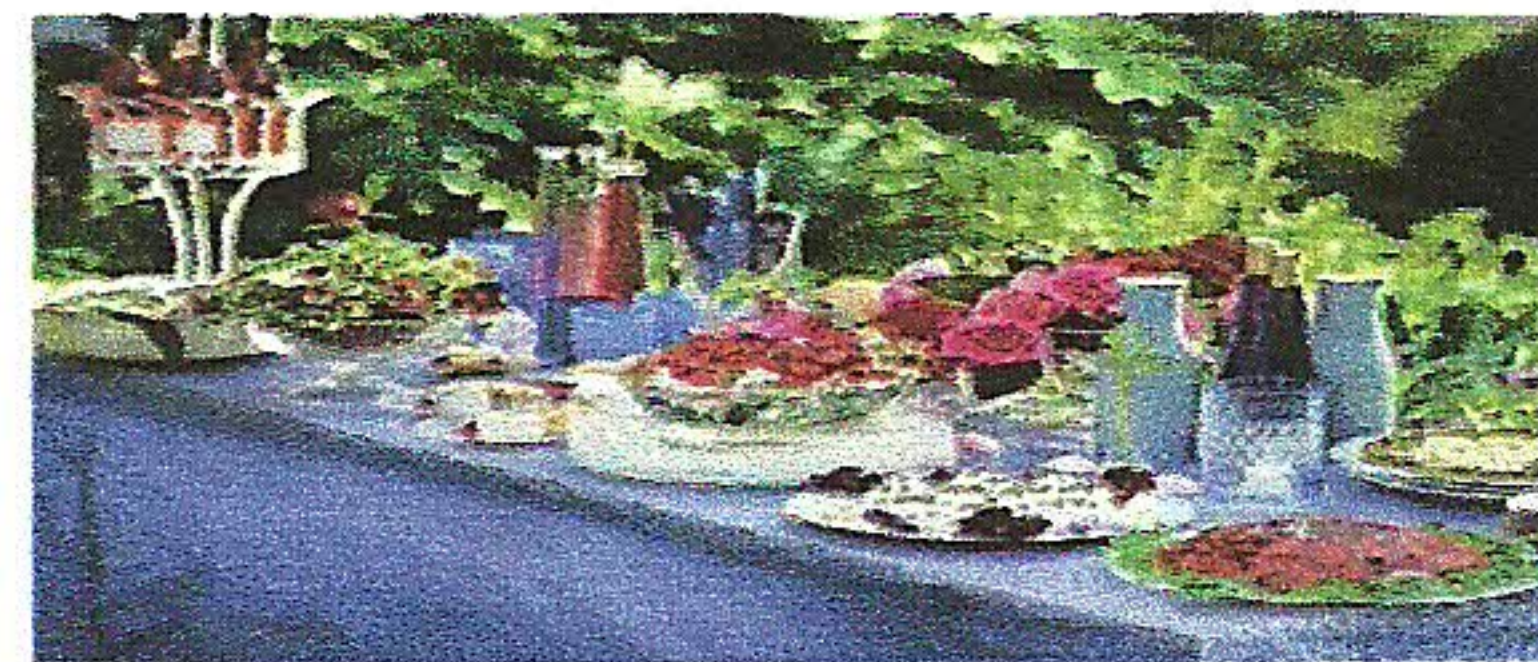
As the PEI Home Economics Association summer student, I have been working hard organizing and completing various projects under Shari's direction.

I hope you are all enjoying the warm weather and I look forward to meeting you at the Garden Party on August 4th.

*Keep Smiling,
Magan MacDonald*

Summer Issue:

- Annual Garden Party
- Greetings from PEI Home Economics Association Summer Student
- UPEI Holds Convocation
- Atlantic Canada Community Project Fund
- Review of Annual General Meeting
- Go!pei Looking for Volunteers
- Shop Smart for Safe Food
- Easy Summer Recipes
- Summer Activities for the Whole Family



1. Annual Garden Party

The 2010 Annual Summer Garden Party will be held **Wednesday August 4th at 6pm at 70 Westwood Crescent in Charlottetown**. Rain date will be Thursday August 5th at 6pm. The Garden Party is open to Home Economists, Family Scientists and Dietitians and any students in the related field. Come enjoy the party and bring a friend. As well, a snack to share is always welcome. For more information contact Heather

Henry MacDonald at 569-2391.

2. Greetings from PEI Home Economics Association Summer Student

My name is Magan MacDonald and I am very happy to be the PEI Home Economics Association summer student this year. Summer has been flying by and so far I have updated the PEI Home Economics Youth Manual, attempted some website updates, prepared the PEI Home Economics Association newsletter and sat with Shari on the Healthy Eating committee for the new Go!pei project.

I graduated in May from the University of Prince Edward Island with my Bachelor of Science in Family Science. During my four years at UPEI I was involved in many activities including President of the Family and Nutritional Science Student Society and was the 2009 recipient of the Doris Anderson Award. I have a passion for healthy living and helping others. My future plans include completing my Masters in Family Relations from the University of Guelph, Ont.

If any of you have any exciting or interesting opportunities and job shadowing I can help you with please email me at magan_macdonald@hotmail.com. I look forward to seeing you all at the Garden Party August 4th.

3. UPEI Graduation

This year UPEI held convocation ceremonies on Saturday May 8 where the Department of Family and Nutritional Sciences had a total of 27 graduates including 15 Foods and Nutrition majors (2 of which completed the honours program), 9 Family Science majors, and 3 students who completed the Child and Family Studies degree. Dr. Kathy Gottschall-Pass and Dr. Jennifer Taylor have both been promoted to Full Professor. Faculty in Family & Nutritional Sciences are now eligible to supervise graduate students in the Master of Science program with a concentration in Human Development and Health.

4. Atlantic Canada Community Project Fund

At its final Annual General Meeting in May 2004, members of the Nova Scotia Home Economics Association (NSHEA) decided to use a portion of funds remaining to initiate a special project to improve the well-being and health of women, children or families in Atlantic Canada. Funds are administered by the Canadian Home Economics Foundation. This year applications will include a brief summary of the project, to include rationale, objectives, implementation plan and procedure for evaluation of results. The grants totaling \$1,500 and will be awarded annually.

The Criteria will include a "grassroots community-based project that will significantly improve the well being and health of women, children and families in Atlantic Canada". The project must reflect the philosophy and goals of the home economics profession, including an emphasis on any of the following: effective resource management, community involvement, sustainability, advocacy for development or support of public policy affecting families, enhancement of family stability and socioeconomic well being.

At least one member of the project group must be a home economist, family studies teacher, dietitian, nutritionist, or other professional in a home economics related field, resident in Atlantic Canada. The deadline for application is August 1st and the selection committee will make their decision no later than September 30, 2010. Application forms can be received from Jean McHarg at jmcharg@eastlink.ca.

5. Review of Annual General Meeting

The Annual General Meeting was held on May 20, 2010 at the Pearl Cafe in North Rustico. The guest speaker was Edna McDonald. Highlights from the meeting include:

* Professor Sue MacGregor from Mount St Vincent University has a large list serve

